

**INSTRUCTIONS FOR USE** 

Important Information - Please Read Prior to Use

**ENGLISH** 



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## **DEVICE SYSTEM NAME:**

# MONDRIAN™ Interbody Fusion Platform

which includes:

MONDRIAN™ Lumbar Interbody Fusion Cage System MONDRIAN™ ALIF Cage with Supplementary Fixation Plate

## DESCRIPTION and INTENDED USE:

The MONDRIAN<sup>™</sup> Interbody Fusion System is indicated for intervertebral body fusion of the lumbar spine, from L2 to S1, in skeletally mature patients who have had six months of nonoperative treatment. The device is intended for use at either one level or two contiguous levels for the treatment of degenerative disc disease (DDD) with up to Grade I spondylolisthesis or retrolisthesis at the involved level(s). DDD is defined as back pain of discogenic origin with degeneration of the disc confirmed by history and radiographic studies. The device system is designed for use with supplemental fixation and with autograft to facilitate fusion. Hyperlordotic cage offerings (>20°) require the use of anterior fixation.

The MONDRIAN<sup>™</sup> Interbody Fusion System is offered in various device configurations based on surgical approach and patient anatomy, and consist of MONDRIAN<sup>™</sup> interbody fusion device(s), which may be implanted,

- as a single device via a direct lateral (DLIF) approach;
- as a single device via a posterior lumbar (PLIF) approach;
- as a single device via a transforaminal (TLIF) approach; or
- as a single device via an anterior (ALIF) approach, with or without the supplemental fixation plate.

## CONTRAINDICATIONS

- Active systemic infection or infection localized to the site of the proposed implantation are contraindications to implantation.
- 2. Known sensitivity to PEEK material.
- 3. Known sensitivity to Titanium material.
- 4. Suspected or documented metal allergy or intolerance.
- 5. Severe osteoporosis is a relative contraindication because it may result in implant subsidence and loss of fixation.
- 6. Any condition that significantly affects the likelihood of fusion may be a relative contraindication (e.g. cancer, diabetes, osteomalacia, heavy smoker, morbid obesity) and the surgeon must evaluate the relative risks and benefits individually with each patient.

- 7. Other relative contraindication may include mental illness, drug abuse or alcoholism as these may cause the patient to be non-compliant with post-operative guidance (e.g. bracing and physical therapy).
- 8. Prior fusion at the levels to be treated.
- 9. Any condition not described in the indications for use.
- 10. Pregnancy.
- 11. Elevation of WBC count.
- 12. Marked left shift in WBC differential count.

### MATERIALS

The MONDRIAN<sup>™</sup> Interbody Fusion System implant components are made of either polyetheretherketone (PEEK) with tantalum marker pins, Ti6Al4V ELI (Titanium Alloy), or a hybrid implant of Titanium Alloy and PEEK. The PEEK implants consist of polyetheretherketone that conforms to ASTM F2026 and contain tantalum (ASTM F560) markers to assist the surgeon with proper placement of the device. The Titanium Alloy implants consist of Ti6Al4V ELI that conforms to ASTM F136. The MONDRIAN<sup>™</sup> Interbody Fusion System is implanted using a combination of device specific and universal Class I instruments manufactured from stainless steel materials that conform to ASTM F899.

### CLEANING

Implants and instruments are supplied non-sterile and must be sterilized by the hospital prior to use. Implants are single-use; instruments may be reused. Implants and Instruments must be thoroughly cleaned prior to sterilization. Trained personnel must perform cleaning and mechanical inspection prior to sterilization. Unless just removed from an unopened CTL Medical package, all instruments and implants must be disassembled (if applicable) and cleaned using neutral cleaners before sterilization and introduction into a sterile surgical field or (if applicable) return of the product to CTL Medical.

Whenever possible the automated method should be used. The automated cleaning process is more reproducible and, therefore, more reliable, and staff are less exposed to the contaminated devices and the cleaning agents used. Whichever method is used, staff should use suitable protective clothing and equipment at all times. In particular, take note of the instructions provided by the cleaning agent manufacturer for correct handling and use of the product.

The guidance provided by the detergent manufacturer concerning concentrations and temperatures shall be observed. If these concentrations and temperatures are exceeded significantly, discoloration or corrosion could occur with some materials. This could also happen if rinsing after cleaning and/or disinfecting is insufficient. CTL Medical does not recommend any specific cleaning and/or disinfection agent. For cleaning or disinfecting reusable instruments, only specifically formulated cleaning agents and/or disinfectants should be used. Do not alter the concentrations specified by the detergent manufacturer. The quality of the water used for diluting cleaning agents and/ or disinfectants and for rinsing re-usable instruments should be carefully considered. Application of freshly pre-pared DI water/ highly DI water or sterile water for rinsing purposes with less than 100 cfu/ml and Mineral residues from hard water, as well as higher contamination with microorganisms and endotoxins, can result in staining of the device or prevent effective cleaning and decontamination.

#### Cleaning of Implants and Instruments

All instruments and implants must first be cleaned using established hospital methods before sterilization and introduction into a sterile surgical field. Disassemble instruments with removable parts. Specifically, the inserter instrument provided with the MONDRIAN™ Interbody Fusion System is intended to be disassembled for cleaning and sterilization. To disassemble the inserter, twist handle in clockwise direction to disengage threads. Methods of cleaning MONDRIAN™ Interbody Fusion System re-usable instruments are provided in these instructions, a manual method and a method using an automated washer disinfector.

**CAUTION**: Use of sodium hydroxide (NaOH) is prohibited. Use of corrosive products and/or instruments including abrasive sponges and metal brushes should be avoided.

#### **Pre-Surgical**

- 1. In a clean metal pan, prepare an enzymatic detergent bath according to the detergent manufacturer's instructions.
- 2. Allow the devices to soak in enzymatic detergent bath for 20 minutes.
- 3. While in detergent bath, using a soft bristled brush, gently clean the devices, paying attention to pivots, threads, recesses, crevices, cannulas and other difficult to clean areas, until all visible debris is removed.
- 4. Remove the devices from the enzymatic detergent bath and rinse with tap water for a minimum of 1 minute.
- 5. Prepare an enzymatic detergent bath in a sonicator.
- 6. Ultrasonically clean the individual devices in the enzymatic bath for 10 minutes at 45kHz and 60°C/140°F.
- 7. Remove the sonicator and rinse the devices in DI water for a minimum of 1 minute.
- 8. Verify that the instruments are in operation condition.

Note: Certain cleaning solutions such as those containing bleach or formalin may damage some devices and they must not be used.

All products should be treated with care. Improper use or handling may lead to damage and possible improper functioning of the device.

## **Post-Surgical**

- 1. Implants removed from a patient or that contact bodily tissues or fluids should never be reused.
- 2. Remove excess body fluids and tissue from instruments with a disposable, non-shedding wipe.
- 3. Place devices in a tray of distilled water or cover with damp towels.
- 4. Devices should be cleaned within 30 minutes of use to minimize the potential for drying prior to cleaning.

5. Used instruments and implants pulled from sterile field must be transported to the central supply in closed or covered containers to prevent unnecessary contamination risk.

### **Preparation Before Cleaning**

- 1. Symbols or specific instructions etched on instruments or instrument trays and cases should be strictly followed.
- 2. Where applicable, multi-component instruments should be disassembled for appropriate cleaning.
- Disassembly, where necessary is generally self-evident. Care should be exercised to avoid losing small screws and components.
- All cleaning agents should be prepared at the use-dilution and temperature recommended by the manufacturer. Softened tap water may be used to prepare cleaning agents.

Use of recommended temperatures is important for optimal performance of cleaning agents.

Note: Fresh cleaning solutions should be prepared when existing solutions become grossly contaminated (bloody and/or turbid).

## Cleaning/Disinfection Options

- Manual Enzymatic soak and scrub followed by sonication.
  Combination Manual/Automated Enzymatic soak and
- scrub followed by an automated washer/disinfector cycle.

**Note:** If stainless steel instruments are stained or corroded, an acidic, anti-corrosion agent in an ultrasonic cleaner may be sufficient to remove surface deposits. Care must be taken to thoroughly rinse acid from devices. Acidic, anti-corrosion agents should only be used on an as needed basis.

#### Manual Cleaning Steps

 Completely submerge device in enzyme solution and allow it to soak for 20 minutes. If visible soil is evident, scrub using a soft-bristled, nylon brush to gently clean the device.

Note: The enzyme solution should be changed on a regular basis in order to ensure its effectiveness.

- 2. Remove the device from the enzyme solution and rinse in tap water for a minimum of 3 minutes. Thoroughly flush lumens, holes and other difficult to reach areas.
- Place prepared cleaning agents in sonication unit. Completely submerge device in cleaning solution and sonicate for 10 minutes at 45kHz and 60°C/140°F.
- Rinse device in DI water thoroughly for at least 3 minutes or until there is no sign of blood or soil in the rinse stream. Thoroughly and aggressively flush lumens, holes and other difficult to reach areas.
- 5. Repeat the sonication and rinse steps above.
- 6. Remove excess moisture from the device with a clean, absorbent and non-shedding wipe.

#### Combination Manual/Automated Cleaning Steps

- Completely submerge device in enzyme solution and allow to soak for 20 minutes. If visible soil is evident, scrub using a soft-bristled, nylon brush to gently clean the device. Particular attention must be given to crevices, lumens, mated surfaces connectors and other hard-to-clean areas. Lumens should be cleaned with a long, narrow, soft nylon-bristled brush.
- 2. Remove devices from the enzyme solution and rinse in DI water for a minimum of 1 minute. Thoroughly and aggressively flush lumens, holes and other difficult to reach areas.
- 3. Place devices in a suitable washer/disinfector basket and place basket in ultrasound cleaner.
- Ultrasonically clean the individual devices in the enzymatic bath for 10 minutes at 45kHz and 60°C/140°F.

- 5. Remove the sonicator and rinse the devices in DI water for a minimum of 1 minute.
- Dry with a sterile gauze, clean cloth and/or clean compressed air. Inspect instruments for cleanliness, function, and residual moisture. Any device that is not visually clean must be reprocessed.

Note: Use of a sonicator at 45kHz will aid in thorough cleaning of devices.

Note: Use of a syringe or water jet will improve flushing of difficult to reach areas and closely mated surfaces.

CAUTION: Use of corrosive products and/or instruments including abrasive sponges and metal brushes should be avoided.

# INSPECTION

- 1. Carefully inspect each instrument to ensure all visible blood and soil has been removed.
- 2. Inspect instruments and instrument cases for damage. Check action of moving parts to ensure proper operation, and ensure disassembled instruments readily assemble with mating components.
- 3. If damage or wear is noted that may compromise the proper function of the instrument or instrument case, do not use and contact customer service or your CTL Medical representative for a replacement.
- 4. If corrosion is noted, do not use and contact your CTL Medical representative for a replacement.

# STERILIZATION

The MONDRIAN<sup>™</sup> Interbody Fusion System is provided nonsterile and is delivered to the customer in a surgical kit, which is comprised of implant caddies, instrument trays and cases. All implants and instruments used in surgery must be sterilized by the hospital prior to use. The following moist heat sterilization cycle, which results in a SAL of 10<sup>-6</sup>, was validated for use in accordance with applicable standards, including ANSI/AAMI ST79:

METHOD	Steam	Steam
Cycle	Gravity	Pre-Vacuum
Temperature	132°C(270°F)	132°C(270°F)
Exposure Time	15 minutes	4 minutes
Dry Time	30 minutes*	30 minutes*

Wrap: 2 times utilizing FDA-cleared wrap

\*(15 Min Open Door Time + 15 Min Cool-Down Time)

It is important to note that an FDA-cleared sterilization wrap, package, sterilization container system should be used to enclose the case or tray in order to maintain sterility. Instruments should be positioned to allow the steam to come into contact with all surfaces. All jointed instruments should be in the open or unlocked position with ratchets not engaged. Instruments composed of more than one part or with sliding pieces or removable parts should be dissembled. Remove all packaging material prior to sterilization. Only sterile implants and instruments should be used in surgery. Instruments used in surgery should be re-sterilized after surgery. Implants should not be used as templates in surgery.

## POST-OPERATIVE MOBILIZATION

The surgeon should advise the patient to be careful not to place significant loads on the spine for the first three months after surgery. The surgeon may advise the patient to limit their activity or wear a brace.

Careful management of the load will enable the fusion mass to heal and reduce the likelihood of non-union. Radiographic confirmation of a mature fusion mass may be used as a guide in the lifting of these restrictions.

# WARNINGS

Following are specific warnings, precautions, and adverse effects that should be understood by the surgeon and explained to the patient. These warnings do not include all adverse effects that can occur with surgery in general, but are important considerations particular to spinal fixation devices. General surgical risks should be explained to the patient prior to surgery.

- 1. Patients with prior spinal surgery at the levels to be treated may have different clinical outcomes compared to those with-out a previous surgery.
- 2. PATIENT SELECTION. In selecting patients for internal fixation devices, the following factors can be of extreme importance to the eventual success of the procedure:
  - i. A patient may have multiple pain generators due to advanced degeneration of the spine (e.g. intervertebral disc, facets or bony stenosis). These conditions may be present at the index level or adjacent levels. Careful review of the clinical record, including radiographic studies and applicable diagnostic tests, should be performed to make the appropriate diagnosis. Concomitant conditions may reduce the effectiveness of the surgery and this should be discussed with the patient.
  - ii. The patient's weight. An overweight or obese patient can produce loads on the device that can lead to failure of the implant or subsidence.
  - iii. The patient's occupation or activity. If the patient is involved in an occupation or activity that includes substantial walking, running, lifting or muscle strain, the resultant forces can cause failure of the implant or subsidence.
  - iv. Patients that are non-compliant with postoperative guidance may place too much stress on the implant in the early postoperative period and compromise the maturing fusion mass.
  - Smoking. Patients who smoke have been observed to experience higher rates of pseudarthrosis following surgical procedures where bone graft is used.
  - vi. Foreign body sensitivity. Where material sensitivity is suspected, appropriate tests should be made prior to material selection or implantation.

# PRECAUTIONS

- 1. THE IMPLANTATION OF SPINAL FIXATION DEVICES SHOULD BE PERFORMED ONLY BY EXPERIENCED SURGEONS WITH SPECIFIC TRAINING IN THE USE OF SUCH DEVICES. THIS IS A TECHNICALLY DEMANDING PROCEDURE PRESENTING A RISK OF SERIOUS INJURY TO THE PATIENT.
- Based on the dynamic testing results, the physician should consider the levels of implantation, patient weight, patient activity level, other patient conditions, etc., which may impact the performance of the intervertebral body fusion device.

- PROPER SIZING OF THE IMPLANTS IS IMPORTANT. The surgeon should use trials to determine the appropriate implant to use. The implant should be tall enough to provide segmental distraction and stability. The implant should be wide enough to maintain contact with the cortical rim of the vertebral body else the risk of subsidence may increase.
- SURGICAL IMPLANTS MUST NEVER BE REUSED. An explanted spinal fixation device should never be re-implanted. Even though the device may appear undamaged, it may have small defects and internal stress patterns that may lead to early breakage.
- CORRECT HANDLING OF THE IMPLANT IS EXTREMELY IMPORTANT. The operating surgeon should avoid any notching or scratching of the device during surgery. Alterations will produce defects in surface finish and internal stresses which may become the focal point for eventual breakage of the implant.
- 6. ADEQUATELY INSTRUCT THE PATIENT. Postoperative care and the patient's ability and willingness to follow instructions are one of the most important aspects of successful bone healing. The patient must be made aware of the body's response to the implant and how the fusion mass is expected to develop. A patient that is noncompliant with post-operative guidance is particularly at risk during the early postoperative period.
- 7. MAGNETIC RESONANCE (MR) ENVIRONMENT

MONDRIAN<sup>™</sup> Interbody Fusion System has not been evaluated for safety and compatibility in the MR environment. The MONDRIAN<sup>™</sup> Interbody Fusion System has not been tested for heating, migration or image artifact in the MR environment. The safety of the MONDRIAN<sup>™</sup> Interbody Fusion System in the MR environment is unknown. Scanning a patient who has this device may result in patient injury. Mixed metals such as titanium and stainless steel components should not be used together. Components of this system should not be used with components of any other system or any other manufacturer.

Based on the fatigue testing results, the physician should consider the levels of implantation, patient weight, patient activity level, other patient conditions, etc., which may impact on the performance of the interbody fusion device. The implantation of the interbody fusion device should be performed only by experienced spinal surgeons with specific training in the use of this device because this is a technically demanding procedure presenting a risk of serious injury to the patient.

# POSSIBLE ADVERSE SIDE EFFECTS

Potential risks identified with the use of this device system, which may require additional surgery, include:

- 1. Pseudoarthrosis (i.e. non-union), delayed union.
- 2. Bending or fracture of implant.
- 3. Loss of fixation.
- 4. Fracture of the vertebra.
- 5. Anterior or posterior migration of the implant.
- 6. Allergic reaction to a foreign body.
- Allergic reaction to the Ti6Al4V ELI alloy. Foreign body (allergic) reaction to the implants, debris, corrosion products, including metallosis, staining, tumor formation and/or autoimmune disease.

- 8. Infection.
- 9. Decrease in bone density due to stress shielding.
- 10. Pain, discomfort, or abnormal sensations due to the presence of the device.
- 11. Loss of proper spinal curvature, correction height and/or reduction.
- 12. Vascular and/or nerve damage due to surgical trauma or presence of the device.
- 13. Visceral injury.
- Neurological injury, including bowel and/or bladder dysfunction, impotence, retrograde ejaculation, and paraesthesia.
- 15. Paralysis.
- 16. Death.
- 17. Erosion of blood vessels due to the proximity of the device, leading to hemorrhage and/or death.
- 18. Bone graft donor site complications.
- 19. Deep vein thrombosis, thrombophlebitis, and/or pulmonary embolism.
- 20. Development of respiratory problems e.g. atelectasis, bronchitis, pneumonia, etc.
- 21. Change in mental status
- 22. Cerebrospinal fluid leakage

## SINGLE USE/LIMITS ON PROCESSING

Products intended for single use must not be reused. Single use instruments are identified with marking "SINGLE USE" or with the associated symbol on the device and/or packaging. Reuse of a single use device that has come in contact with blood, bone, tissue or other body fluids may lead to patient or user injury, illness or death. Possible risks associated with reuse of a single use device include, but are not limited to, mechanical failure, material degradation, potential leachables, and transmission of infectious agents. Repeated processing cycles that include ultrasonic, mechanical washing and sterilization have minimal effects on CTL Medical implants and instruments.

## **DISPOSAL INSTRUCTION**

If product return is not possible then the affected product shall be maintained and/or disposed of according to the policies of the user facility.

## LIMITED WARRANTY

CTL Medical products are sold with a limited warranty to the original purchaser against defects in workmanship and materials. Any other express or implied warranties, including warranties of merchantability or fitness, are hereby disclaimed. If more than 2 years have elapsed between the date of issue/ revision of this document, and the date of patient consultation, contact CTL Medical for current information.

### **PRODUCT COMPLAINTS**

Any Health Care Professional (e.g., customer or user of this system of products), who has any complaints or who has experienced any dissatisfaction in the product quality, identity, durability, reliability, safety, effectiveness and/or performance, should notify the distributor or CTL Medical.

Further, if any of the implanted spinal system component(s) ever malfunctions, (i.e. does not meet any of its performance specifications or otherwise does not perform as intended), or is suspected of doing so, the distributor or CTL Medical should be notified immediately. If any CTL Medical product ever "malfunctions" and may have caused or contributed to the death or serious injury of a patient, the distributor or CTL Medical should be notified immediately by telephone, fax or written correspondence. When filing a complaint, please provide the component(s) name and number, lot number(s), your name and address, the nature of the complaint and notification of whether a written report from the distributor is requested.



#### FURTHER INFORMATION

Recommended directions for use of this system are available at no charge upon request. If further information is needed or required, please contact CTL Medical.

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